# PMA YOUTH SECTION | AUGUST 2024

## STUDENT OF THE MONTH: KENNA MCKENZIE

When the younger siblings of some of our students join us when they become of age, it's such a joy to have them on the mat. Kenna McKenzie is the younger sibling to Kenneth McKenzie and we have known her since she was in her mom's belly! We've been watching her grow and couldn't wait to have her on the mat.

So, when she turned 3 in December of 2023, we got her on the mat for the first time in our Explorer program. Right away, Kenna knew what to do on the mat because she had been at the school so much when her brother came to class. Over her time here, she has definitely improved in so many ways. Ms. Tara notes, *"Kenna is much more focused and her listening skills have improved so much!"* She adds, *"And she knows her student creed so well and says it so well, leading the class in it!"* Ms. Kathy also says, *"Kenna's gross motor skills have also grown so much. Her ability to jump, carry her own body weight and balance has significantly improved over her time here."*

Currently, Kenna is a White/Double Yellow Belt in the Explorer program and her favorite part of class is "running." We're so proud of her and how much she has learned over the past year and we can't wait to see her continued growth and development.

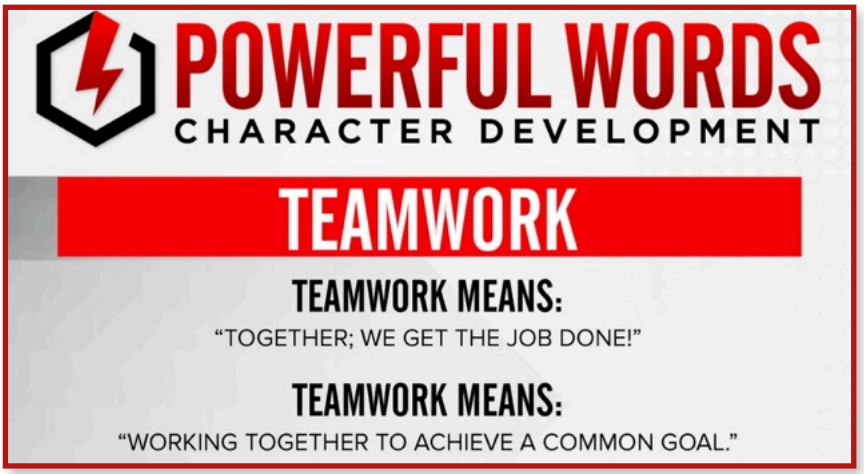
Outside of PMA, Kenna will be starting pre-school in the fall and I think her time here has really helped to prepare her for success come school time. She is able to separate from mom easily, listens to instruction and can follow directions very easily.

*Congratulations to Kenna for being our student of the month this month! We can't wait to watch you grow!*

# PMA YOUTH SECTION | AUGUST 2024

**AUGUST'S POWERFUL WORD OF THE MONTH:**

**TEAMWORK**




## PMA YOUTH SUMMER CAMPS

**BBC Discounted Rate for ALL 3 DAYS: ONLY $179.00!!!!**

**Equipment Required for each camp:**

**-Muay Thai:** Boxing Gloves, Groin Protector (boys), Shin and Instep Guards, Headgear, Mouthpiece

-**Brazilian Jiu Jitsu:** Kimono, Mouthpiece, Groin Protector (boys)

-**Kali:** Kali Sticks (2)

***Students who complete all 3 camps receive a Certificate of Completion.***

**Hours of Camp:**
10:00am - 2:00pm

**Fee:**
One Day: $75.00

All 3 Days: $200.00
BBC: $179.00